

For this reason I bow my knees before the Father...that according to the riches of his glory he may grant you to be strengthened with power through his Spirit in your inner being, so that Christ may dwell in your hearts through faith—that you, being rooted and grounded in love, may have strength to comprehend with all the saints what is the breadth and length and height and depth, and to know the love of Christ that surpasses knowledge, that you may be filled with all the fullness of God. Now to him who is able to do far more abundantly than all that we ask or think, according to the power at work within us, to him be glory in the church and in Christ Jesus throughout all generations, forever and ever. Amen.

...The Lord Jesus on the night when he was betrayed took bread, and when he had given thanks, he broke it, and said,

**“This is my body which is for you. Do this in remembrance of me.”**

In the same way also he took the cup, after supper, saying,

**“This cup is the new covenant in my blood. Do this, as often as you drink it, in remembrance of me.”**